

THE CONSTITUTION OF BDTH

Constitutional Edition

P A P E R ◦ 4

The Gap

P O S I T I O N

Many individuals recognise brief periods during which the ordinary occupation of anticipation unexpectedly diminishes.

BDTH uses the term The Gap to describe this observation.

The Gap is treated neither as mystical nor as exceptional.

It is observational.

THE GAP

OBSERVATION

Nothing external need have changed.

Yet the ordinary atmosphere through which life is anticipated becomes unexpectedly lighter.

The future no longer presents itself as already decided.

It is experienced once again as possibility.

The individual frequently reports a corresponding somatic sense of relief.

SIGNIFICANCE

The Gap is important not because it represents a destination.

It demonstrates that ordinary anticipation is not inevitable.

The architecture has altered.

That alteration may be observed directly.

THE GAP

INTERPRETATION

The Gap should not be confused with permanent transformation.

Nor should it become an objective pursued for its own sake.

It is valuable because it reveals what becomes available when unnecessary interference temporarily subsides.

WORKING POSITION

BDTH proceeds from the working position that The Gap represents an observational demonstration of reduced interference rather than the acquisition of a new state.

CLOSING POSITION

The value of The Gap lies not in the experience itself.

It lies in what the experience reveals about the ordinary availability of coherence.