

THE CONSTITUTION OF BDTH

Constitutional Edition

P A P E R 05

Practice

P O S I T I O N

Practice concerns observation.

Not acquisition.

Its purpose is not to manufacture coherence.

It progressively reduces unnecessary interference so that coherence becomes increasingly available in ordinary life.

PRACTICE

C O N T I N U I T Y

Isolated insight rarely alters architecture.

Repeated observation does.

Practice therefore values continuity over intensity.

The architecture changes gradually.

Not dramatically.

O B S E R V A T I O N

Practice repeatedly restores observation before interpretation.

The individual progressively learns to distinguish direct experience from acquired anticipation.

The distinction becomes increasingly available through repetition.

PRACTICE

ECONOMY

Practice adds remarkably little.

Its principal action is subtractive.

As unnecessary occupation diminishes, ordinary coherent functioning becomes progressively available without additional effort.

WORKING POSITION

BDTH proceeds from the working position that sustained observation progressively reduces unnecessary interference and correspondingly enlarges the ordinary availability of coherence.

CLOSING POSITION

Practice should not become another identity.

Its purpose is fulfilled as coherent living progressively becomes ordinary without continual reference to the practice that first revealed it.