

THE CONSTITUTION OF BDTH

Constitutional Edition

P A P E R I 2

Attention

P O S I T I O N

Attention determines what becomes available for observation.

BDTH therefore treats attention as one of the principal constitutional resources of the human system.

Unnecessary interference frequently operates through the progressive occupation of attention.

ATTENTION

OCCUPATION

Attention is continually directed.

Sometimes deliberately.

Frequently automatically.

Acquired architecture progressively competes for its availability.

The consequence is not merely distraction.

It is occupation.

SELECTION

Attention cannot simultaneously occupy every possibility.

Selection therefore occurs continuously.

Acquired organisation frequently influences that selection before deliberate intention becomes involved.

Observation begins by recognising this process.

ATTENTION

AVAILABILITY

As unnecessary interference diminishes, attention progressively becomes available for direct observation rather than continuous anticipation.

Experience regains priority over expectation.

Possibility regains priority over conclusion.

ECONOMY

Attention is finite.

Practice therefore seeks economy rather than expansion.

Every unnecessary occupation reduces availability elsewhere.

Reducing unnecessary occupation restores freedom without increasing effort.

WORKING POSITION

BDTH proceeds from the working position that increasing freedom of attention represents one of the earliest observable consequences of reduced interference.

ATTENTION

CLOSING POSITION

Attention need not become busier.

It need only become progressively less occupied.